

Sherman/Denison Area Mental Health Resources

North Texas Youth Connection - Free - ages birth to 17 (903) 893-7776

Directory Information www.call211texoma.com (For information add 75090 as zip code)

Texoma Council on Alcoholism and Substance Abuse (903) 892-9911 (work on sliding scale) www.sachelp.org

Lakes Behavior - (903) 892-8185 (work on sliding scale)

Center for Child and Family Guidance - (903) 893-7768

Center for Psychological Development (903) 868-2961

Al-Anon Family Groups (Support for family members of alcoholics)
(903) 868-2734

Alcoholics Anonymous (Support for alcoholics) (903) 868-2734

Narcotics Anonymous - Sherman (903)463-5662 or (903) 892-9509

Narcotics Anonymous/Alcoholics Anonymous Hotline - 1-888-NA Works
(629-6757) Information

Mental Health Mental/Retardation Services of Texoma - (903) 957-4700

TMC Behavioral Health Center - (903) 416-3000

